IRIS SOWLAT

IrisSowlat.com | iris.sowlat@gmail.com Amherst, MA | (312) 927-7949

TEACHING / RESEARCH INTERESTS

Directing, Acting pedagogy, Voice & Speech, Shakespeare, New Play Development, LGBT Theatre

EDUCATION

MFA Theater Directing, University of Massachusetts Amherst / May 2024

BA Theatre Arts & English Literature, Illinois Wesleyan University / May 2015

Alumni Fine Arts Scholarship / Dean' List / Sigma Tau Delta (English Honor Society)

IWU London Program; London, UK

UNIVERSITY THEATER TEACHING EXPERIENCE

Instructor, Theater 140: Fundamentals of Acting, University of Massachusetts Amherst, Fall 2021-Present

- Independently teach introductory Theater Department acting course to undergraduate students of varying theater experience levels
- Teach students who come from diverse backgrounds and identities, and create a classroom environment that celebrates diversity, through the use of tools like Collective Agreements and daily group check-in's.
- Lead a major Scene Study project where I assign students challenging scenes from contemporary plays, teach students effective rehearsal techniques, and provide tailored direction to groups twice during the semester
- Develop and teach lesson plans based on Action/Objective acting methods, scene study, play analysis, improv games, and ensemble-building
- Facilitated Viola Spolin-style improv and ensemble-building games to introduce acting concepts and build students' collaboration skills, listening skills, and confidence
- Give feedback and coaching on scenes, grade papers, and evaluate overall student progress

ADDITIONAL THEATER TEACHING EXPERIENCE

Acting Faculty & Associate Director of High School Rep Production, Interlochen Fine Arts Camp, Summer 2023

- Served as Faculty for one of the top high school arts conservatories in the country, drawing a diverse range of students from all 50 states and international students.
- Associate Director of high school mainstage production of Shakespeare's *As You Like It*, directed by Shelby Lewis
- As an AD, gave actors individual text-coaching, monologue work, and scene direction
- Taught a daily acting class to high school-aged campers, which included monologue prep, action/objective-based acting techniques, introductory Shakespeare text work, basic Laban movement analysis, physical/vocal warm-ups, improv games, and ensemble-building

Camp Director, Summer on Broadway Rising, Skokie Park District, Summer 2022

- Camp Director and lead teaching artist for a summer musical theater camp for 5-7 year olds
- Created and implemented a curriculum of theater games, acting lessons, and camp activities
- Wrote, adapted, and curated material for short showcases, and directed five bi-weekly showcases
- Supervised three staff members, including a music specialist, dance specialist, and camp counselors
- Supervised campers and staff on weekly field trips
- Enforced best practices for safety and First Aid, documented First Aid incidents and behavior incidents, and communicated with parents regarding safety concerns when needed
- Provided any needed care or adaptations for campers who had physical or behavioral access needs

THEATER DIRECTING CREDITS

Full Productions

Emilie:

Le Marquise du Chatelet Defends Her Life Tonight Lauren Gunderson

Orlando

Late: A Cowboy Song

Romeo and Juliet*

The Anxiety Variety Show* Underworld Anthem*

The Days Are Shorter

Joan of Arc *

Narratives of Achromatopsia*

Turn That Thing Around*

*indicates also Producer

Sarah Ruhl

William Shakespeare

Caleb Walker

Alexandra Ranieri

Corinne Kawecki

Alexandra Ranieri

Iris Sowlat Aaron Harris

Natalie Meisner

Reina Hardy

University of Massachusetts Amherst Sarah Ruhl, from V. Woolf University of Massachusetts Amherst

University of Massachusetts Amherst Accidental Shakespeare Co. (film, virtual)

Clown House, at RhinoFest

RhinoFest

Pride Films & Plays

RhinoFest

Chicago Fringe Festival Chicago Fringe Festival

Staged Readings & New Play Development

Sunshine (fully-staged workshop)

Jane (2022)

The Icon Project

Area 33

Karaoke Phantom

ABCD (Lab Production)

Gemma

Jane (2017)

Jarred

Jacob Menke UMass Amherst (in-class showcase project)

Paula Kamen Violet Surprise Theater

Ensemble-devised Violet Surprise Theatre (virtual)

> Self-produced (virtual) Self-produced (virtual)

Piven Theatre Rukmini Girish

Kellee Terrell Pride Films & Plays Paula Kamen Chicago Women's History Center

Eli Campbell 20% Theatre

Short Plays

Not Your Average Jo Lesbian Lipstick

It Starts with Me

I Really Love Lucy

The Bear

The Tower (scene from full-length play)

Final Exam

Virginia & Orlando & Vita

The New Galileos

This Barbarism That Last Light

Everyone's A Critic

Art & Army

Allison Fradkin Quick Creation Festival, Los Angeles (virtual)

Allison Fradkin OutWrite fest, Rochester, NY (virtual) Chantal Bilodeau Climate Change Theatre Action 2019

Eileen Mitchell Violet Surprise: Femslash Fest w/ Otherworld

Anton Chekhov Accidental Shakespeare Co.

Keyanna Khatiblou Women's Theatre Alliance Showcase

Rachel Bykowski American Blues Theatre's Living Newspaper Fest

Natalie Meisner Pride Films & Plays' History Lezons Fest Amy Barryman Climate Change Theatre Action 2017 Caridad Svich Climate Change Theatre Action 2017 Jason Grote Collaboraction's Peacebook Festival

Riley Mondragon Chicago Theatre Marathon

> Broken Nose Theatre's Bechdel Fest MadKap Productions' Short Play Festival

ASSISTANT DIRECTING CREDITS

As You Like It (Associate Dir.)

Dance Nation Into the Breeches! dir. Shelby Lewis

Michele Stine

Shozzett Silva

dir. Jessica Thebus

Interlochen Fine Arts Camp

dir. Dawn Monique Williams University of Massachusetts, Amherst

Northlight Theatre

Trans Scripts, Part I: The Women (reading)dir. Delia KroppAbout Face TheatreThe Luckiest Peopledir. Jason FleeceStage Left TheatreRichard IIIdir. Mark DodgeFury TheatreHuman Terraindir. Benjamin BrownsonBroken Nose TheatreRaggedy Anddir. Cecilie KeenanPride Films & Plays

dir. Drew Martin

Stage Left Theatre

THEATER FESTIVALS PRODUCED

The Firestorm

SapphFest (quarterly) Violet Surprise Theatre (virtual)
The Star-Crossed Lovers' Fest Accidental Shakespeare Co. (virtual)

Violet Surprise: Lez Beaus Violet Surprise Theatre

Climate Change Theatre Action 2019 Switchboard Ensemble/NoPassport/Arctic Cycle Violet Surprise: Femme-Slash Parody Fest Otherworld Theatre Company / Violet Surprise

WeFest 2018 Pride Films & Plays
History Lezons Pride Films & Plays

WeFest 2017 (feat. Molly Brennan & Malic White) Pride Films & Plays w/ Center on Halsted
Climate Change Theatre Action 2017 Global Hive Labs/NoPassport/Arctic Cycle

SheFest: An Evening of Queer Celebration Pride Films & Plays

After Orlando Pride Films & Plays/NoPassport/Missing Bolts

Climate Change Theatre Action 2015 NoPassport/Theatre Without Borders

SELECTED THEATRE MANAGEMENT

Interim Artistic Director, Accidental Shakespeare Co., volunteer position, March 2020-Aug 2021

- Led all aspects of the production of Accidental Shakespeare Company's virtual full production of Romeo and Juliet and virtual festival The Star-crossed Lovers Fest during the COVID-19 pandemic, upon the exit of the previous Artistic Director in March 2020
- Facilitated monthly company meetings, hired production personnel, managed production budgets, and led marketing initiatives

RECOGNITION

Windy City Times / 30 Under 30 / Honoring LGBT Chicagoans making an impact / June 2018

PROFESSIONAL DEVELOPMENT

Shakespeare & Company, Lenox MA

- Month-Long Shakespeare Intensive / Jan 2024
- Linklater Voice Progression Part 2 / Sept-Oct 2023
- 9-Day Shakespeare Intensive / Aug-Sept. 2023
- 3-Day Shakespeare Intensive / Apr. 2023

Theatrical Intimacy Education / Online courses / 2021-2022

- Best Practices
- Consent in the Acting Classroom
- Theatrical Studio Techniques
- Working with Minors

Chicago Dramatists / Devising course taught by Olivia Lilley / Oct--Dec 2020

Directors' Lab Chicago / Directing Participant / Aug. 2019

The Directors' Flight / Shakespeare directing training though Midsummer Flight Theatre / Dec. 2019 – Apr.. 2020

Stage Left Theatre / Artistic Associate / 2017-2020

American Theater Company / Artistic & Development Events Apprentice / 2016

Steppenwolf Theatre / Theatre Management Intern / 2015